



RUN NORTH COUNTY
SAN DIEGO, CA

RUNNER OF THE MONTH

Congratulations!! You have been nominated for Run North County’s Runner of the Month. If selected, you will be featured on the home page of the Run North County website.

What we will need from you, the runner:

- **2 Photos we can use for the website**
- **An Instagram or Facebook Handle to include on a link on website**
- **Answer the following questions and return the form to runnorthcounty@gmail.com**

1. HOW LONG HAVE YOU BEEN RUNNING WITH RUN NORTH COUNTY? _____

2. WHAT GROUP RUN DO YOU CONSIDER YOUR “HOME” RUN? WHY?

3. ARE YOU TRAINING FOR A RACE NOW? WHICH ONE? _____

4. ANY NICKNAMES? _____

5. FAVORITE PLACE TO RUN (ROAD OR TRAIL)? _____